

Psalm 119 from *The Scottish Psalter*

Try singing four lines to the tune of “Amazing Grace.” For more suggestions, see end.

Aleph

- ¹ Blessèd are they that undefiled,
and straight are in the way;
Who in the Lord’s most holy law
do walk, and do not stray.
- ² Blessèd are they who to observe
his statutes are inclined;
And who do seek the living God
with their whole heart and mind.
- ³ Such in his ways do walk, and they
do no iniquity.
- ⁴ Thou hast commanded us to keep
thy precepts carefully.
- ⁵ O that thy statutes to observe
thou would’st my ways direct!
- ⁶ Then shall I not be shamed, when I
thy precepts all respect.
- ⁷ Then with integrity of heart
thee will I praise and bless,
When I the judgments all have learned
of thy pure righteousness.
- ⁸ That I will keep thy statutes all
firmly resolved have I:
O do not then, most gracious God,
forsake me utterly.
- ## *Beth*
- ⁹ By what means shall a young man learn
his way to purify?
If he according to thy word
thereto attentive be.
- ¹⁰ Unfeignèdly thee have I sought
with all my soul and heart:
O let me not from the right path
of thy commands depart.

- ¹¹ Thy word I in my heart have hid,
that I offend not thee.
- ¹² O Lord, thou ever blessèd art,
thy statutes teach thou me.
- ¹³ The judgments of thy mouth each one
my lips declarèd have:
- ¹⁴ More joy thy testimonies’ way
than riches all me gave.
- ¹⁵ I will thy holy precepts make
my medi-ta—tion;
And carefully I’ll have respect
unto thy ways each one.
- ¹⁶ Upon thy statutes my delight
shall constantly be set:
And, by thy grace, I never will
thy holy word forget.

Gimel

- ¹⁷ With me thy servant, in thy grace,
deal bountifully, Lord;
That by thy favor I may live,
and duly keep thy word.
- ¹⁸ Open mine eyes, that of thy law
the wonders I may see.
- ¹⁹ I am a stranger on this earth,
hide not thy laws from me.
- ²⁰ My soul within me breaks, and doth
much fainting still endure,
Through longing that it hath all times
unto thy judgments pure.
- ²¹ Thou hast rebuked the cursèd proud,
who from thy precepts swerve.
- ²² Reproach and shame remove from me,
for I thy laws observe.
- ²³ Against me princes spake* with spite,
while they in council sat:
But I thy servant did upon
thy statutes meditate.

*spoke

- ²⁴ My comfort, and my heart’s delight,
thy testimonies be;
And they, in all my doubts and fears,
are counselors to me

Daleth

- ²⁵ My soul to dust cleaves: quicken me,
according to thy word.
- ²⁶ My ways I showed, and me thou
heard’st:
teach me thy statutes, Lord.
- ²⁷ The way of thy com-mand—ments
make me aright to know;
So all thy works that wondrous are
I shall to others show.
- ²⁸ My soul doth melt, and drop away,
for heaviness and grief:
To me, according to thy word,
give strength, and send relief.
- ²⁹ From me the wicked way of lies
let far removèd be;
And graciously thy holy law
do thou grant unto me.
- ³⁰ I chosen have the perfect way
of truth and verity:
Thy judgments that most righteous are
before me laid have I.
- ³¹ I to thy testimonies cleave;
shame do not on me cast.
- ³² I’ll run thy precepts’ way, when thou
my heart enlargèd hast.

He

- ³³ Teach me, O Lord, the perfect way
of thy precepts divine,
And to observe it to the end
I shall my heart incline.
- ³⁴ Give understanding unto me,
so keep thy law shall I;
Yea, ev’n with my whole heart I shall
observe it carefully.

- ³⁵ In thy law’s path make me to go;
for I delight therein.

- ³⁶ My heart unto thy testimonies,
and not to greed, incline.

- ³⁷ Turn thou away my sight and eyes
from viewing vanity;
And in thy good and holy way
be pleased to quicken me.

- ³⁸ Confirm to me thy gracious word,
which I did gladly hear,
Ev’n to thy servant, Lord, who is
devoted to thy fear.

- ³⁹ Turn thou away my fear’d reproach;
for good thy judgments be.

- ⁴⁰ Lo, for thy precepts I have long’d;
in thy truth quicken me.

Vau

- ⁴¹ Let thy sweet mercies also come
and visit me, O Lord;
Ev’n thy benign sal-va—tion,
according to thy word.

- ⁴² So shall I have wherewith I may
give him an answer just,
Who spitefully reproacheth me;
for in thy word I trust.

- ⁴³ The word of truth out of my mouth
take thou not utterly;
For on thy judgments right—eous
my hope doth still rely.

- ⁴⁴ So shall I keep for evermore
thy law continually.

- ⁴⁵ And, sith* that I thy precepts seek,
I’ll walk at liberty.

*since, because

- ⁴⁶ I’ll speak thy word to kings, and I
with shame shall not be moved;

- ⁴⁷ And will delight myself always
in thy laws, which I loved.

- ⁴⁸ To thy commandements, which I loved,
my hands lift up I will;
And I will also meditate
upon thy statutes still.

Zain

- 49 Remember, Lord, thy gracious word
thou to thy servant spake,
Which, for a ground of my sure hope,
thou causedst me to take.
- 50 This word of thine my comfort is
in mine affliction:
For in my straits I am revived
by this thy word alone.
- 51 The men whose hearts with pride are
stuffed
did greatly me deride;
Yet from thy straight commandments
I have not turned aside.
- 52 Thy judgments righteous, O Lord,
which thou of old forth gave,
I did remember, and myself
by them comforted have.
- 53 Horror took hold on me, because
ill men thy law forsake.
- 54 I in my house of pilgrimage
thy laws my songs do make.
- 55 Thy name by night, Lord, I did mind,
and I have kept thy law.
- 56 And this I had, because thy word
I kept, and stood in awe.

Cheth

- 57 Thou my sure portion art alone,
which I did choose, O Lord:
I have resolved, and said, that I
would keep thy holy word.
- 58 With my whole heart I did entreat
thy face and favor free:
According to thy gracious word
be merciful to me.
- 59 I thought upon my former ways,
and did my life well try;
And to thy testimonies pure
my feet then turned I.

- 60 I did not stay, nor linger long,
as those that slothful are;
But hastily thy laws to keep
myself I did prepare.
- 61 Bands of ill men me robbed; yet I
thy precepts did not slight.
- 62 I'll rise at midnight thee to praise,
ev'n for thy judgments right.
- 63 I am companion to all those
who fear, and thee obey.
- 64 O Lord, thy mercy fills the earth:
teach me thy laws, I pray.

Teth

- 65 Well hast thou with thy servant dealt,
as thou didst promise give.
- 66 Good judgment me, and knowledge
teach,
for I thy word believe.
- 67 Ere I afflicted was I strayed;
but now I keep thy word.
- 68 Both good thou art, and good thou
do'st:
teach me thy statutes, Lord.
- 69 The men that are puffed up with pride
against me forged a lie;
Yet thy commandments observe
with my whole heart will I.
- 70 Their hearts, through worldly ease and
wealth,
as fat as grease they be:
But in thy holy law I take
delight continually.
- 71 It hath been very good for me
that I afflicted was,
That I might well instructed be,
and learn thy holy laws.
- 72 The word that cometh from thy mouth
is better unto me
Than many thousands and great sums
of gold and silver be.

Jod

- 73 Thou mad'st and fashion'dst me: thy
laws
to know give wisdom, Lord.
- 74 So who thee fear shall joy to see
me trusting in thy word.
- 75 That very right thy judgments are
I know, and do confess;
And that thou hast afflicted me
in truth and faithfulness.
- 76 O let thy kindness merciful,
I pray thee, comfort me,
As to thy servant faithfully
was promised by thee.
- 77 And let thy tender mercies come
to me, that I may live;
Because thy holy laws to me
sweet delectation* give. *delight, enjoyment
- 78 Lord, let the proud ashamed be;
for they, without a cause,
With me perversely dealt: but I
will muse* upon thy laws. *think, ponder
- 79 Let such as fear thee, and have known
thy statutes, turn to me.
- 80 My heart let in thy laws be sound,
that shamed I never be.

Caph

- 81 My soul for thy salvation faints;
yet I thy word believe.
- 82 Mine eyes fail for thy word: I say,
When wilt thou comfort give?
- 83 For like a bottle I'm become,
that in the smoke is set:
I'm black, and parched with grief; yet I
thy statutes not forget.
- 84 How many are thy servant's days?
when wilt thou execute
Just judgment on these wicked men
that do me persecute?

- 85 The proud have diggèd pits for me,
which is against thy laws.
- 86 Thy words all faithful are: help me,
pursued without a cause.
- 87 They so consumed me, that on earth
my life they scarce did leave:
Thy precepts yet forsook I not,
but close to them did cleave.
- 88 After thy loving-kindness, Lord,
me quicken, and preserve:
The testimony of thy mouth
so shall I still observe.

Lamed

- 89 Thy word for ever is, O Lord,
in heaven settled fast;
- 90 Unto all generations
thy faithfulness doth last:
The earth thou hast established,
and it abides by thee.
- 91 This day they stand as thou ordain'dst;
for all thy servants be.
- 92 Unless in thy most perfect law
my soul delights had found,
I should have perished, when as
my troubles did abound.
- 93 Thy precepts I will ne'er forget;
they quick'ning to me brought.
- 94 Lord, I am thine; O save thou me:
thy precepts I have sought.
- 95 For me the wicked have laid wait,
me seeking to destroy:
But I thy testimonies true
consider will with joy.
- 96 An end of all perfection
here have I seen, O God:
But as for thy commandment,
it is exceeding broad.

Mem

97 O how love I thy law! it is
my study all the day:
98 It makes me wiser than my foes;
for it doth with me stay.
99 Than all my teachers now I have
more understanding far;
Because my medi-ta—tion
thy testimonies are.

100 In understanding I excel
those that are an—cients;
For I endeavorèd to keep
all thy com-mand—ments.

101 My feet from each ill way I stayed,
that I may keep thy word.
102 I from thy judgments have not swerved;
for thou hast taught me, Lord.

103 How sweet unto my taste, O Lord,
are all thy words of truth!
Yea, I do find them sweeter far
than honey to my mouth.

104 I through thy precepts, that are pure,
do understanding get;
I therefore ev'ry way that's false
with all my heart do hate.

Nun

105 Thy word is to my feet a lamp,
and to my path a light.
106 I sworn have, and I will perform,
to keep thy judgments right.

107 I am with sore af-flic—tion
ev'n overwhelmed, O Lord:
In mercy raise and quicken me,
according to thy word.

108 The free-will-off'rings of my mouth
accept, I thee beseech:
And unto me thy servant, Lord,
thy judgments clearly teach.

109 Though still my soul be in my hand,
thy laws I'll not forget.

110 I erred not from them, though for me
the wicked snares did set.

111 I of thy testimonies have
above all things made choice,
To be my heritage for aye;*
for they my heart rejoice. **"ay", ever (e'er)

112 I carefully inclinèd have
my heart still to attend;
That I thy statutes may perform
always unto the end.

Samech

113 I hate the thoughts of vanity,
but love thy law do I.

114 My shield and hiding-place thou art:
I on thy word rely.

115 All ye that evil-doers are
from me depart away;
For the commandements of my God
I purpose to obey.

116 According to thy faithful word
uphold and 'stablish me,
That I may live, and of my hope
ashamèd never be.

117 Hold thou me up, so shall I be
in peace and safety still;
And to thy statutes have respect
continually I will.

118 Thou tread'st down all that love to
stray;
false their deceit doth prove.

119 Lewd men, like dross, away thou
putt'st;
therefore thy law I love.

120 For fear of thee my very flesh
doth tremble, all dismayed;
And of thy righteous judgments, Lord,
my soul is much afraid.

Ain

121 To all men I have judgment done,
performing justice right;
Then let me not be left unto
my fierce oppressors' might.

122 For good unto thy servant, Lord,
thy servant's surety be:
From the oppression of the proud
do thou deliver me.

123 Mine eyes do fail with looking long
for thy sal-va—tion,
The word of thy pure righteousness
while I do wait upon.

124 In mercy with thy servant deal,
thy laws me teach and show.

125 I am thy servant, wisdom give,
that I thy laws may know.

126 'Tis time thou work, Lord; for they have
made void thy law divine.

127 Therefore thy precepts more I love
than gold, yea, gold most fine.

128 Concerning all things thy commands
all right I judge therefore;
And ev'ry false and wicked way
I perfectly abhor.

Pe

129 Thy statutes, Lord, are wonderful,
my soul them keeps with care.
130 The entrance of thy words gives light,
makes wise who simple are.

131 My mouth I have wide openèd,
and panted earnestly,
While after thy com-mand—ments
I longed exceedingly.

132 Look on me, Lord, and merciful
do thou unto me prove,
As thou art wont to do to those
thy name who truly love.

133 O let my footsteps in thy word
aright still ordered be:
Let no iniquity obtain
dominion over me.

134 From man's oppression save thou me;
so keep thy laws I will.

135 Thy face make on thy servant shine;
teach me thy statutes still.

136 Rivers of waters from mine eyes
did run down, when I saw
How wicked men run on in sin,
and do not keep thy law.

Tzaddi

137 O Lord, thou art most right—eous;
thy judgments are upright.

138 Thy testimonies thou command'st
most faithful are and right.

139 My zeal hath ev'n consumèd me,
because mine enemies
Thy holy words forgotten have,
and do thy laws despise.

140 Thy word's most pure, therefore on it
thy servant's love is set.

141 Small, and despised I am, yet I
thy precepts not forget.

142 Thy righteousness is righteousness
which ever doth endure:
Thy holy law, Lord, also is
the very truth most pure.

143 Trouble and anguish have me found,
and taken hold on me:
Yet in my trouble my delight
thy just commandements be.

144 Eternal righteousness is in
thy testimonies all:
Lord, to me understanding give,
and ever live I shall.

Koph

145 With my whole heart I cried, Lord, hear;
I will thy word obey.
146 I cried to thee; save me, and I
will keep thy laws always.
147 I of the morning did prevent
the dawning, and did cry:
For all mine expectation
did on thy word rely.
148 Mine eyes did timeously* prevent
the watches of the night,
That in thy word with careful mind
then meditate I might.

*(so) timely

149 After thy loving-kindness hear
my voice, that calls on thee:
According to thy judgment, Lord,
revive and quicken me.
150 Who follow mischief they draw nigh;
they from thy law are far:
151 But thou art near, Lord; most firm truth
all thy commandments are.
152 As for thy testimonies all,
of old this have I tried,
That thou hast surely founded them
for ever to abide.

Resh

153 Consider mine affliction,
in safety do me set:
Deliver me, O Lord, for I
thy law do not forget.
154 After thy word revive thou me:
save me, and plead my cause.
155 Salvation is from sinners far;
for they seek not thy laws.
156 O Lord, both great and manifold
thy tender mercies be:
According to thy judgments just,
revive and quicken me.

157 My persecutors many are,
and foes that do combine;
Yet from thy testimonies pure
my heart doth not decline.
158 I saw transgressors, and was grieved;
for they keep not thy word.
159 See how I love thy law! as thou
art kind, me quicken, Lord.
160 From the beginning all thy word
hath been most true and sure:
Thy righteous judgments ev'ry one
for evermore endure.

Schin

161 Princes have persecuted me,
although no cause they saw:
But still of thy most holy word
my heart doth stand in awe.
162 I at thy word rejoice, as one
of spoil that finds great store.
163 Thy law I love; but lying all
I hate and do abhor.
164 Sev'n times a-day it is my care
to give due praise to thee;
Because of all thy judgments, Lord,
which righteous ever be.
165 Great peace have they who love thy
law;
offence they shall have none.
166 I hoped for thy salvation, Lord,
and thy commands have done.
167 My soul thy testimonies pure
observèd carefully;
On them my heart is set, and them
I love exceedingly.
168 Thy testimonies and thy laws
I kept with special care;
For all my works and ways each one
before thee open are.

Tau

169 O let my earnest pray'r and cry
come near before thee, Lord:
Give understanding unto me,
according to thy word.
170 Let my request before thee come:
after thy word me free.
171 My lips shall utter praise, when thou
hast taught thy laws to me.
172 My tongue of thy most blessed word
shall speak, and it confess;
Because all thy commandments
are perfect righteousness.
173 Let thy strong hand make help to me:
thy precepts are my choice.
174 I longed for thy salvation, Lord,
and in thy law rejoice.
175 O let my soul live, and it shall
give praises unto thee;
And let thy judgments gracious
be helpful unto me.
176 I, like a lost sheep, went astray;
thy servant seek, and find:
For thy commands I suffered not
to slip out of my mind.



This version of the psalter has been in continuous use since the text was approved by the Church of Scotland in 1650. Much of the spelling has been modernized.

The next column contains suggestions for singing this (and other common meter psalms) with tunes from *Hymns II* (IVP).

For additional information about and the rest of the psalms in this version, see www.cgmusic.com/library/scottish.htm.

† Selected common meter (8 6 8 6, 8 6 8 6 D) hymns from *Hymns II*:

- 7 I Sing the Mighty Power of God**
28 Jesus, the Very Thought of Thee
31 O for a Thousand Tongues
44 How Sweet the Name
|| same tune as
150 We Thank Thee, Lord
This C.I.M. Grace is sometimes sung at Cedar Campus meals.
45 Jesus! the Name
104 Amazing Grace
A popular alternative tune includes a chorus of Alleluias.
107 I Heard the Voice of Jesus Say
113 Lord, in the Fullness of My Might
Better known and singable (if slowed down for less familiar lyrics) is Chris Anible's upbeat adaptation of this hymn with the refrain, "O Lord, I offer to you all the strength of my youth! Come fill my heart with the passion the show forth your truth!"
124 O Jesus Christ, Grow Thou in Me
|| same tune as
160 According to Thy Gracious Word
197 O God, Our Help in Ages Past

Additional lesser known *Hymns II* tunes: 17, 29, 32, 83, 122, 141, 167, 188, 190

Archaisms indicated by asterisks (*) have meanings noted as possible alternatives. Other notations include:

xyzèd Pronounce the "ed" as a syllable.
-xyz— Hold that syllable an extra beat.
xy'z Contract two syllables into one.

Some spelling has been updated when an extra syllable is required (e.g., "commandments" for "commandments").

Got a matching tune for one of the eight-verse stanzas? Want the text to make your own selections, notes or modernizations? Please talk with John Egleston, and see <http://www.cgmusic.com/workshop>.